

# BHC NEWSLETTER News from our Family to yours...

Dec 2023 Issue

### The Gift of Hearing

While the holidays are a time filled with joy and anticipation, they can be a struggle for people with hearing loss. For them, it can be difficult to distinguish voices, hard to follow conversations, and stressful and lonely when others are enjoying holiday music and cheer.

Holiday time is the perfect time to take note of those who don't have hearing treatment, but struggling to be a part of the conversation. Once exchanges and holiday dinners are over, it's a great time to have the discussion with them that it's time to get a hearing assessment done.

#### **SOUNDS OF THE SEASON**



Get a free copy of Sherina Samuel's book, 'A Sound Mind' to share the education with your loved ones.



#### **TIPS TO GET THROUGH THE HOLIDAYS WITH HEARING LOSS**

- 1. Be Alert
- 2. Turn the Volume Down
- 3. Face the Person Speaking
- 4. Sit at the Head of the Table
- 5. Speak Clearly

hearing care with a personal touch!



### Insider Exclusive

In November, Sherina was given the opportunity to present at the Dementia Care Day Conference. She presented amongst other healthcare professionals, nurses, doctors and Members of Provincial Parliament!

This event was hosted by our dear friends at Peel Alzheimer's Society and it turned out to be very informative for all of us in the healthcare system.

We got the opportunity to exchange knowledge with one another on how to ultimately provide the best care to our patients in the community, all across the board!



Picture 2: Sherina Samuel, Doctor of Audiology & Certified Dementia Practitioner

Picture 1: MPP Laura Smith & MPP Natalia Kusendova-Bashta





## Important Updates!

### OUR CLINIC HOURS AND SERVICE HOURS HAVE RECENTLY CHANGED

The clinic is open Monday to Friday from 8:30am to 4:30pm

Service Hours are Monday to Friday 9:00am to 4:00pm

If you require quarterly servicing, have a hearing aid malfunction that requires troubleshooting, or if you would like to purchase any batteries or supplies, visit us during our Service Hours

#### **HOLIDAY HOURS**

December 25th to January 1st - CLOSED

The clinic will reopen on

Tuesday January 2nd, 2024