

This New Year's, Resolve to Protecting Your Hearing For Life!

Sometime ago, a man came into our hearing clinic for a hearing test. The test revealed that he had a moderate hearing loss in the higher pitches in both ears which made speech difficult to understand. He never thought of the manufacturing plant he worked at as too loud. And yet, to speak to coworkers he constantly had to raise his voice over the noisy machines – a sure sign the environment was too loud and was likely responsible for the newfound hearing loss. I asked him if he wore hearing protection at work. He mentioned that he did not wear them consistently because he found the plugs uncomfortable and often had to remove them to speak with people. I informed him that there are custom noise plugs that are comfortable and special ones with filters incorporated enabling him to converse with them in. He then readily agreed to wear them and I'm happy to tell you that this curtailed any further decline in his hearing.

Spouses or friends not wearing noise protection in loud work environments such as construction, manufacturing, working with power tools, mowing the lawn or playing a loud instrument could be permanently damaging their hearing. There is a variety of custom hearing protection suitable for various tasks. See your Audiologist regarding the options best suited to your needs. Don't let noise damage your hearing! After all, you'll need it for life. If you have concerns about hearing loss or would like more information about noise plugs, contact Bovaird Hearing Clinic at 905 790-7342.

*Sherina Crichlow, Doctor of Audiology at Bovaird Hearing Clinic.
Here for you today so you can Hear tomorrow.*